

# Managing A Full Collaborative Caseload

IACP 2022 Orlando Forum

Saturday, October 29, 2022

2:00 p.m. – 5:00 p.m.

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## **2:00 p.m. to 2:20 p.m.**

### I. Introductions:

- a. Presenter Story and Intentions for Workshop
- b. Pair-Up's
- c. Debrief
- d. Ground Rules for Training
- e. Suggestion:

keep something available during the training to write on. When you have a question come up, write it down. When you have an emotion come up, write it down. When you have a thought come up, write it down. While we may address some of these today, you can use this list when you return home to explore the “what it was”, where it was coming from, and explore why it came up.

**2:20 p.m. – 2:40 p.m.**

- II. Using TIM Throughout this Training
  - a. Transparency
  - b. Intention
  - c. Mindfulness

**2:40 p.m. – 3:20 p.m.**

- III. How Did We Get Here
  - a. Breakout Group Question
    - i. What have you found has worked to build your Collaborative Caseload?
    - ii. If you do not have as much Collaborative work as you want, what questions do you have about how to increase your caseload?
  - b. Debrief Breakout Group Discussions
  - c. The Elements of Building Your Collaborative Caseload (Remember TIM)
    - i. Daily Practice
    - ii. Education / Training
    - iii. Networking / Referrals
    - iv. Volunteering v. Leadership
    - vi. Marketing / Advertising

**3:20 p.m. – 3:35 p.m.            BREAK**

**3:35 p.m. – 3:55 p.m.**

- IV. How To Convert Collaborative Cases

**3:55 p.m. – 4:15 p.m.**

- V. How To Manage 23 Collaborative Cases

**4:15 p.m. – 4:35 p.m.**

VI. Mindfulness and Self-Care

a. Imagine yourself with 23 cases; five meetings in three days?

Client prep calls and debriefs?

Case debriefs?

Document preparation?

Professional tending/ What does your life feel like?

Breakout groups: five minutes to come up with a list of interventions.

b. Debrief breakout groups.

**4:35 p.m. – 4:50 p.m.**

VII. Perils

**4:50 p.m. – 5:00 p.m.**

Questions

Gratitude and See You Later's