**Nancy J. Ross, LCSW, BCD**

**Principal: Bauer Shepherd & Ross**

**Psychotherapist / Consultant / Mediator / Trainer / Coach**

**Training, Coaching and Consulting**

|  |  |
| --- | --- |
| * Assertiveness Training
 | * Grief and Loss Issues
 |
| * Basic and Advanced Collaborative Interdisciplinary Trainings
 | * Family Renewal
* Communications Skills Trainer
 |
| * Chemical Dependency / Effects on the Family
 | * Grief and Loss Issues
 |
| * Collaborative Team Skills
 | * Interpersonal Communication
 |
| * Collaborative Divorce Team Trainings
 | * Leadership Effectiveness
 |
| * Collaborative Practice Silicon Valley: Lawyer Trainings
* Collaborative Trusts & Estates Trainings
 | * Mediation: Co-parenting / Post-divorce
* Parenting Skills
* Personal and professional coaching
* Supervisory Consulting
* Family Systems
 |
| * Conflict Resolution
 |  |
| * Coping with Divorce / Separation
 |  |
| * Divorce Coaching to Include Pre and Post-divorce
 |  |
| * Employee Problems that Affect Job Performance
 |  |
|  |  |

*Currently offering Basic and Advanced Interdisciplinary Team Trainings for both Divorce and Trust and Estates professionals, both domestically and internationally.*

**Workshops and Groups**

|  |  |
| --- | --- |
| * Anger Management
 | * Psychotherapeutic Groups
 |
| * Couples Communication
 | * Team Building
 |
| * Interpersonal Skills
 | * Stress Management
 |
| * On-the-job Communication
 |  |

**Teaching**

|  |  |
| --- | --- |
| * Stanford University
 | * Lecturer; Family, Community and Preventative Medicine
 |
| * U.C. Santa Cruz
 | * Healing the Chemically Dependent Family
 |
| * San Jose State University
 | * Stress Management
 |
| * Santa Clara University School of Law
 | * Collaborative Practice
 |

**Specialized Psychotherapy Areas**

|  |  |
| --- | --- |
| * Chemical Dependency
 | * Post-Traumatic Stress / Trauma
 |
| * Clinical Application of Neuroscience
 | * Blended Family Issues
 |
| * Depression / Affective Disorders
* Collaborative Prenuptial Agreements
 | * Transitional Issues (Divorce / Separation / Relocation, Retirement, Death and Dying)
 |
| * Divorce Issues
 | * Work Related Issues
 |
| * Marital and Family
 | * Communication Specialist: Collaborative Trusts and Estates
 |
| * Mediation
 |  |

**Employee Assistance Experience**

|  |  |
| --- | --- |
| * Chemical Dependency Assessment and Treatment
 | * Employee Mediation
 |
| * Crisis Intervention
 | * Employee / Supervisor / Coaching
 |
| * Critical Incident Debriefing
 | * Human Resource / Staff Education EAP Access / Benefits
 |
| * EAP Consulting: Employee Issues
 | * Supervisor Consulting and Training
 |
| * Employee Assessment and Referral
 | * Management Training
 |

**Organizational Affiliations**

|  |  |
| --- | --- |
| * California Society of Clinical Social Work
 | * National Association of Social Workers (NASW)
 |
| * Association for Conflict Resolution
* Collaborative Practice California
 | * National Board for Certified Clinical Hypnotherapists
 |
| * International Academy of Collaborative Professionals (IACP) Founding Board Member
 | * Collaborative Practice Silicon Valley (CPSV)
 |

**Work History**

|  |  |
| --- | --- |
| * Psychotherapist / Mediator / Divorce Coach / Trainer
 | * 1993-2013
 |
| * Collaborative Divorce Co-founder
 | * 1993
 |
| * Bauer Shepherd & Ross
 | * General Partner 1983 – 1998
 |
| * Eastfield Children’s Center
 | * Clinical Social Worker 1980 – 1982
 |
| * Pathways Inc.
 | * Consultant / Child Sexual Abuse 1980
 |
| * East Valley Mental Hospital
 | * Clinical Social Worker: Family Therapist 1979 – 1980
 |

**Education**

|  |  |
| --- | --- |
| * San Jose State University
 | * M.S.W. Honors
 |
| * Boston University
* Northeastern University
 | * School of Social work 1979-1980
* B.A. Psychology, Summa cum Laude, Valedictorian
 |
| * U.C. Santa Cruz
 | * Certificate in Advanced Alcohol Drug Training
 |
| * State of California
 | * Teaching Credential
 |
| * Institute of Professional Hypnosis Certification
 | * Training Certification
 |
| * Eye Movement Desensitization and Reprocessing
 | * Level II Training
 |
| * Couple Communication
 | * Certificate
 |
| * Mediation
 | * 40 Hour Training
 |

***Consultation:*** Silicon Valley companies, (EAP / Human Resources) local hospitals, banks, city and county government, chemical dependency centers, Collaborative Practice groups

***Publications:*** Co-author of Divorce: A Problem to be Solved, Not a Battle to be Fought. Orinda, CA, Brookwood. Publications include articles on team building, collaborative teamwork, parenting, and divorce.