**Nancy J. Ross, LCSW, BCD**

**Principal: Bauer Shepherd & Ross**

**Psychotherapist / Consultant / Mediator / Trainer / Coach**

**Training, Coaching and Consulting**

|  |  |
| --- | --- |
| * Assertiveness Training | * Grief and Loss Issues |
| * Basic and Advanced Collaborative Interdisciplinary Trainings | * Family Renewal * Communications Skills Trainer |
| * Chemical Dependency / Effects on the Family | * Grief and Loss Issues |
| * Collaborative Team Skills | * Interpersonal Communication |
| * Collaborative Divorce Team Trainings | * Leadership Effectiveness |
| * Collaborative Practice Silicon Valley: Lawyer Trainings * Collaborative Trusts & Estates Trainings | * Mediation: Co-parenting / Post-divorce * Parenting Skills * Personal and professional coaching * Supervisory Consulting * Family Systems |
| * Conflict Resolution |  |
| * Coping with Divorce / Separation |  |
| * Divorce Coaching to Include Pre and Post-divorce |  |
| * Employee Problems that Affect Job Performance |  |
|  |  |

*Currently offering Basic and Advanced Interdisciplinary Team Trainings for both Divorce and Trust and Estates professionals, both domestically and internationally.*

**Workshops and Groups**

|  |  |
| --- | --- |
| * Anger Management | * Psychotherapeutic Groups |
| * Couples Communication | * Team Building |
| * Interpersonal Skills | * Stress Management |
| * On-the-job Communication |  |

**Teaching**

|  |  |
| --- | --- |
| * Stanford University | * Lecturer; Family, Community and Preventative Medicine |
| * U.C. Santa Cruz | * Healing the Chemically Dependent Family |
| * San Jose State University | * Stress Management |
| * Santa Clara University School of Law | * Collaborative Practice |

**Specialized Psychotherapy Areas**

|  |  |
| --- | --- |
| * Chemical Dependency | * Post-Traumatic Stress / Trauma |
| * Clinical Application of Neuroscience | * Blended Family Issues |
| * Depression / Affective Disorders * Collaborative Prenuptial Agreements | * Transitional Issues (Divorce / Separation / Relocation, Retirement, Death and Dying) |
| * Divorce Issues | * Work Related Issues |
| * Marital and Family | * Communication Specialist: Collaborative Trusts and Estates |
| * Mediation |  |

**Employee Assistance Experience**

|  |  |
| --- | --- |
| * Chemical Dependency Assessment and Treatment | * Employee Mediation |
| * Crisis Intervention | * Employee / Supervisor / Coaching |
| * Critical Incident Debriefing | * Human Resource / Staff Education EAP Access / Benefits |
| * EAP Consulting: Employee Issues | * Supervisor Consulting and Training |
| * Employee Assessment and Referral | * Management Training |

**Organizational Affiliations**

|  |  |
| --- | --- |
| * California Society of Clinical Social Work | * National Association of Social Workers (NASW) |
| * Association for Conflict Resolution * Collaborative Practice California | * National Board for Certified Clinical Hypnotherapists |
| * International Academy of Collaborative Professionals (IACP) Founding Board Member | * Collaborative Practice Silicon Valley (CPSV) |

**Work History**

|  |  |
| --- | --- |
| * Psychotherapist / Mediator / Divorce Coach / Trainer | * 1993-2013 |
| * Collaborative Divorce Co-founder | * 1993 |
| * Bauer Shepherd & Ross | * General Partner 1983 – 1998 |
| * Eastfield Children’s Center | * Clinical Social Worker 1980 – 1982 |
| * Pathways Inc. | * Consultant / Child Sexual Abuse 1980 |
| * East Valley Mental Hospital | * Clinical Social Worker: Family Therapist 1979 – 1980 |

**Education**

|  |  |
| --- | --- |
| * San Jose State University | * M.S.W. Honors |
| * Boston University * Northeastern University | * School of Social work 1979-1980 * B.A. Psychology, Summa cum Laude, Valedictorian |
| * U.C. Santa Cruz | * Certificate in Advanced Alcohol Drug Training |
| * State of California | * Teaching Credential |
| * Institute of Professional Hypnosis Certification | * Training Certification |
| * Eye Movement Desensitization and Reprocessing | * Level II Training |
| * Couple Communication | * Certificate |
| * Mediation | * 40 Hour Training |

***Consultation:*** Silicon Valley companies, (EAP / Human Resources) local hospitals, banks, city and county government, chemical dependency centers, Collaborative Practice groups

***Publications:*** Co-author of Divorce: A Problem to be Solved, Not a Battle to be Fought. Orinda, CA, Brookwood. Publications include articles on team building, collaborative teamwork, parenting, and divorce.