Dr. Deb Gilman

BREAKOUT ROOM OPEN ENDED QUESTIONS/COMMANDS

YOU ARE A PROFESSIONAL MEETING WITH A RESISTANT CLIENT WHO DOES NOT WANT TO CREATE A BUDGET

Do not offer advice
Do not try to fix anything
Do not try to persuade the client

Ask Open Ended Questions

- And what else (AWE)
- What is the biggest challenge here for you?

Curious Commands

- Describe a time when...
- Help me to understand how...
- Talk some more about...
- Explain what is happening for you when...

Reflect

- How did the client respond to you?
- Did you notice more resistance or more cooperation?