

THREE IN A ROW: REFLECTIONS

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Goals:

To help participants develop skill in generating different levels of response

Use multiple contacts to hear multiple styles

Structure:

Two groups of four facing each other. Rotate after one sequence of three.

Differentiate between nondirective
and directive listening
Practice the use of reflections to move
towards or away from an area

My kids really are important to me and I don't want to do anything
that might hurt them.

I don't think it is fair for her/him not to get a job and live off of my
salary. S/he wanted this divorce, not me!

You know if s/he would just back off, then the situation would be a
whole lot less tense and then these things wouldn't happen.

Why should s/he keep the house? We should both have to struggle to
start fresh - I say we sell it and buy new homes.



By coming up with Reflections in the moment, the activity provides a number of different ways for learners of all skill levels to practice reflection listening, and to receive feedback. Each pair is instructed to share their reflections with one another and then decide which of their reflections is the one, for example, they think will create the most forward movement in the conversation

