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| Tucson, AZ 85712 | [Vicki.Loyer@BDPsy.com](mailto:Vicki.Loyer@BDPsy.com); [www.BlueDoorPsychotherapy.com](http://www.BlueDoorPsychotherapy.com) |
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**License:** Licensed Marriage and Family Therapist (LMFT – 0372)

**Certification:** AAMFT Approved Supervisor

Certified Equine Assisted Therapist (EAGALA) (2005 – 2013)

**Credentials:** Community College Disabled Student Programs and Services Instructor and Service Credential (California #339121)  
Community College Counselor Credential (#332868)

**Current Professional Activities:**

* **Blue Door Psychotherapy** (February, 2017 to present). *CEO/President*. Develop and Direct an institute for the training and supervision of Competency Focused marriage and family therapy, provide other models of behavioral health supervision to psychiatry residents, master’s level interns, and licensed associates, and develop an educational and therapeutic program to strengthen the core of patient recovery. [www.BlueDoorPsychotherapy.com](http://www.BlueDoorPsychotherapy.com)
* **Private Practice**, Tucson, AZ, (1993 to present).
* *Marriage and Family Therapist*
* *Collaborative Divorce Coach, Collaborative Law Group of Southern Az*
* *Equine Assisted Therapist*
* *Educator*
* *Researcher*
* *Writer*
* **University of Arizona Department of Psychiatry.** *Clinical Assistant Professor,* (June 2015 to present). *Clinical**Supervisor***,** (2010-2018) Supervise Residents in Marriage and Family Therapy training.
* **Grand Canyon University** (2013 to present).***Site Supervisor***Supervise psychology and counseling graduate students in their practica and internship placements.***Content Expert***. Write curriculum for Marriage and Family Therapy program. Family Studies emphasis program. Consult with program planners regarding individual, marriage and family curriculum.***Adjunct Instructor****.*  Teach courses on-line for graduate programs in marriage and family therapy, counseling and psychology

**Other Professional Experiences:**

* **Sonora Behavioral Health. *Director, Clinical Services****.* (May 2016 to January 2017) Develop and direct inpatient hospitalization programs and intensive outpatient behavioral health services for adults with general mental illness, dual diagnosis, and substance abuse. Develop the procedures and policies for programming, provide continuing education to clinicians, and assess program effectiveness.
* **Palo Verde Behavioral Health. *Director, Clinical Services****.* (February 2015 to May 2016)Develop and direct inpatient behavioral health services for adults with general mental illness, dual diagnosis, and acute psychotic illnesses. Develop the procedures and policies for an inpatient adolescent unit (opened June 2015). Provide continuing education and assess program effectiveness. ***Social Service Evaluator*, *Individual and Expressive Arts Therapist***. (January 2014 to January 2015). Conduct psychosocial assessments in TMC hospital and in Palo Verde Assessment and Referral Center to determine level of care needed by patients. Conduct therapeutic assessments and lead psychotherapy groups and expressive art therapy groups on Level 1 inpatient floors (PICU, CD, and General), assist with IOP groups.
* ***Family Program Therapist* (**Cottonwood de Tucson 2008 – 2010).
* ***Family Life Education Director***. (St. Alban’s Episcopal Church. Tucson, AZ, 1999 - 2003.
* ***Adjunct Faculty Member***, Department of Family Studies (University of Arizona, Tucson, 1994 - 2000).
* ***Adjunct Faculty Member***, School of Social Work (Arizona State University, Tucson Campus, 1997-1999).
* ***Faculty Member*, *Clinical Supervisor*** (Arizona Institute for Family Therapy, Tucson, AZ, 1995 - 2005).
* ***Project Director*** (Adult Loss of Hearing Association, 1997 – 1998).
* ***Assistant Professor*** (West Virginia University, Morgantown,1989-1993). Department of Family Resources. Teaching, Research, and Outreach.

**Selected Publications**

Loyer, V. L. (Jan 2019). Caregiver put on your own oxygen mask first. *Desert Leaf*, 32 (1).

Loyer, V. L. (Dec 2017). Blinded by Tragedy. *Desert Leaf*, 31 (12).

Loyer, V. L. (May 2017). The Pitfalls of Adolescent Privalege. *Desert Leaf*, 31 (5).

Loyer, V. L. (March 2017). Suicide: Four types and four solutions. *Desert Leaf*, 31 (3).

Loyer, V.L. (November, 2016). What is therapy? *Desert Leaf*, *30 (10*), pp 26 – 27.

Loyer,V. L. (September 2016). Seeking Help for the Invisible. *Desert Leaf, 30 (8),* pp 26-27.

Loyer,V. L. (February 2016). Adolescents and Cutting. *Desert Leaf, 30 (2),* pp 26-27,29.

Loyer-Carlson, V. L. (2016). RELATE assessment. In J. J. Ponzetti*, Evidence-based approaches to relationship and marriage education.*

Loyer-Carlson, V. L. (July 2010). Family Members: Friend or Foe? *Arizona Together, 1 (10). www.togetheraz.com*

Loyer-Carlson, V.L. (December, 2006/ January, 2007) Counselor’s corner: Practice times and games and the balanced life. *Tucson Sport Magazine.*

Loyer-Carlson, V.L. (Oct/Nov, 2006) Counselor’s corner: Good cheering gone bad. *Tucson Sport Magazine, p.50.*

Loyer-Carlson, V.L. (June, 2006) Counselor’s corner: When is it okay to quit? *Tucson Sport Magazine, p.26.*

Loyer-Carlson, V.L. (April, 2006) Counselor’s corner: Q&A (parenting eating difficulties) *Tucson Sport Magazine, p.34.*

Loyer-Carlson, V.L. (August, 2004) Unsolvable problems in a fix-it culture. *Good News Tucson, v34(8), p. 6.*

Loyer-Carlson, V.L. (July, 2004) Experience marriage: Stability is contagious. *Good News Tucson, v34(7), p. 8.*

Loyer-Carlson, V.L. (July, 2004) Marital glue: Fun will keep you together. *Good News Tucson, v34(5), p. 10.*

Loyer-Carlson, V.L. (April, 2004) Marital counselor says: Just say “no” to nagging. *Good News Tucson, v34(4), p. A-8.*

Loyer-Carlson, V.L. (March, 2004) Surviving the “Mid-life” marriage. *Good News Tucson, v34(3), p. 8.*

Loyer-Carlson, V.L. (February, 2004) You, Me, and Us. *Good News Tucson, v34(2), p. A-8.*

Loyer-Carlson, V.L. (January 2004) Marital Success – It’s as easy as “5 to 1.” *Good News Tucson, v34(1), p. 16.*

Loyer-Carlson, V.L. & Busby, D. (January, 2003). *RELATE With Your Mate* Handbook. (Program funded by a grant from the State of Arizona, Limited Circulation available from first author)

Busby, D. & Loyer-Carlson, V.L. (Sept, 2002) *Pathways to Marriage.* Allyn & Bacon.

Loyer-Carlson, V.L. & Busby, D. (2002) *RELATE: A User's Guide.*  Allyn & Bacon.

Holman, T., Busby, D., Klein, D., Loyer-Carlson, V. *RELATE*. (1987). <http://RELATE.byu.edu>.

Loyer-Carlson, V.L. & Willits, F.K. (Eds.) (1993).  *Youth-at-Risk: The Research and Practice Interface.* University Park, PA: The Pennsylvania State University.

Loyer-Carlson, V.L. (1992) Pets and perceived family life quality. *Psychological Reports, 70,* 947-952.

Loyer-Carlson, V.L. & Sugawara, A.I. (1988). Mother's estimates of hearing family members' competence in sign language and the deaf child's loneliness. *Perceptual and Motor Skills*, 67, 633-634.

**Grants**

Loyer-Carlson, V.L. (2003 - 2005). *Arizona Couples RELATE (Contract # E1343014)* Innovation and Demonstration Project to Provide Training – Marriage and Communication Skills Course. Arizona Department of Economic Security.

**Selected Talks and Workshops**

Loyer, V. L. & Baker, M. (August 2018). 12-Hour Clinical Supervision Initial Training. SWS for Behavioral Health, Tucson, AZ

Loyer, V. L. & Baker, M. (August 2018). 6-Hour Clinical Supervision Refresher. SWS for Behavioral Health, Tucson, AZ

Loyer, V. L. (August, 2017). *Family Therapy*. Six-hour Family Therapy training workshop for the 2016 Southwest School for Behavioral Health Studies; Family therapy with Adolescents (2 hour clinical training).

Loyer, V. L. (August, 2016). *Family Therapy*. Six-hour Family Therapy training workshop for the 2016 Southwest School for Behavioral Health Studies.

Loyer-Carlson, V. L. (August, 2015). *Guiding the light inside: Parenting self-injuring youth*. Presentation for the 2015 Southwest School for Behavioral Health Studies in Tucson, Arizona. (Also presented at Palo Verde Behavioral Health (March 2016) and at Tucson Medical Center (April 2016).

Loyer-Carlson, V. L. (August, 2014). *Sometimes I Hide: Family Therapy Needs of Children of Alcoholics*. Presentation at the SWS for Behavioral Health Studies, Tucson, AZ.

Loyer-Carlson, V.L. (October, 2013). *The supervisory process in terms of concepts of supervision, methods and techniques*. 12 and 6 hour AzAMFT Supervision Education, Phoenix, Az.

Loyer-Carlson, V.L. (October, 2013). *Transtheoretical management in clinical supervision*. 12 and 6 hour AzAMFT Supervision Education, Phoenix, Az.

Loyer-Carlson, V., & Cook, D (August, 2012). *Family Therapy with Addicted-Member Family Systems*. Southwestern School for Behavioral Health Studies Annual Meeting, Tucson, Az.

Loyer-Carlson, V., Cook, D., & Larson, J. (September 2010) *Substance Abuse and Attachment Injury in Marriages.* Annual Meeting of the American Association of Marriage and Family Therapists, Atlanta, Ga

Loyer-Carlson, V. L. , *Family Therapy for Adolescent Substance Abusers.* Arizona Health Sciences Center, 2009-2010 Grand Rounds Lecture Series (January 2010), Tucson, AZ.

Loyer-Carlson, V. L. , *Unlocking the Code: Attachment fears and Couple Relationships.* Sierra Tucson and Life Healing Center (January 2009), Tucson, AZ.

Loyer-Carlson, V. L. , *Interrupting the Addictions Dance.* The Seventh Annual Conference of the Coalition for Marriage, Family and Couples Education (June 2003).

Loyer-Carlson, V. L. , *Couples RELATE.* Annual meeting of the Coalition for Marriage, Family, and Couples Education (July 2002)

Loyer-Carlson, V. L. , *Should We Get Married or Break-up?*  Annual meeting of the Coalition for Marriage, Family, and Couples Education (July 2001)

Loyer-Carlson, V. L. , *The Forest and the Trees: The context of the individual in the cultural forest* (September, 2000). Presentation to the AZ AMFT, Tucson, AZ

Loyer-Carlson, V. L. , *RELATE,* Annual meeting of the Coalition for Marriage, Family, and Couples Education (July 2000)

Loyer-Carlson, V. L. , *Conduct disordered youth and their families,* (October, 1999)*.* Consumer and Family Studies, University of Arizona, Tucson, AZ.

Loyer-Carlson, V. L. , *Care-giving issues and strategies* (October, 1999)*.* Women’s Business Association, Tucson, AZ.

Loyer-Carlson, V. L. , *Anger Management,* (June, 1999)*.* Men’s Federal Corrections Center, Tucson, AZ.

Loyer-Carlson, V. L. , *RELATE: A New Relationship Inventory,* (July, 1999)*.* The third annual conference of the Coalition for Marriage, Family and Couples Education, Washington, D.C.

**Recent Professional Service and Awards**

Senior Resident Award for Excellence in Psychiatric Education (2012-2013), University of Arizona, College of Medicine, Department of Psychiatry.

AzAMFT: Past-President (2017), President (2015-2016), President-elect, 2013; Board Member, 2010 – 2012; Fall Conference and Spring Luncheon Chair, 2008, 2011 – 2014.

**Professional Affiliations**

American Association of Marriage and Family Therapy (1982 – present; Clinical Fellow & Approved Supervisor;); Collaborative Law Group of Southern Arizona (2018); American Psychological Association (1982 – 2011); Equine Assisted Growth And Learning Association (2005 – 2013)

**Education**

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| **Ph.D.** | (1989) | Human Development & Family Studies, Oregon State University, Corvallis. Dissertation: *Causal Attributions and the Dissolution of Casual-Dating Relationships*. |
| **M.S.** | (1984) | Child Development & Family Relations, University of Arizona, Tucson. Thesis: *Hearing Parents' Perceptions of Their Deaf Child's Isolation and Loneliness*. |
| **B.A.** | (1982) | Psychology, University of Arizona, Tucson. |

**Clinical Training:** Family Therapy Practice Center of Washington, DC (1992-1993), Supervisor: Marianne Walters, LICSW, Director.

References Available Upon Request