

Relationship Questionnaire

My partner makes me feel:	Strongly Agree	Somewhat Agree	Agree a Little	Disagree a Little	Somewhat Disagree	Strongly Disagree
1. Unsafe even in my own home	6	5	4	3	2	1
2. Ashamed of the things they do to me	6	5	4	3	2	1
3. Afraid of what they might do, if I rock the boat	6	5	4	3	2	1
4. Programmed to react in a certain way to them	6	5	4	3	2	1
5. Like I am a prisoner	6	5	4	3	2	1
6. Like I have no control over my life, I have no power, or I and/or I have no protection	6	5	4	3	2	1
7. I have to hide the truth from others because I am afraid not to	6	5	4	3	2	1
8. Owned and controlled by them	6	5	4	3	2	1
9. Like they can scare me without laying a hand on me	6	5	4	3	2	1
10. Like they can look straight through me and it terrorizes me	6	5	4	3	2	1

To score this scale, add the responses for items 1 – 10. The score range is 10 to 60. A higher score of 20+ is a positive screening for battering.