

Screening Questions for Mental Health Professionals

- 1) Please provide a history of your relationship or marriage.
- 2) What are the goals you would like to achieve through in the mediation process?
- 3) Are you in a new relationship? And does that person have children and where are all the children residing?
- 4) Are you presently engaged in a court process, is there a restraining order in place?
- 5) What are the biggest obstacles to reaching an agreement with your former partner?
- 6) Are you afraid of your former partner? If so, why?
- 7) Are the police involved with your family?
- 8) How did your relationship end?
- 9) Were there any incidents of physical violence, emotional abuse, or sexual abuse.
- 10) Were there any power and control issues?
- 11) Are you or your former partner experiencing any mental health concerns?
- 12) Are there any concerns relating to alcohol or drug use for you or your former partner?
- 13) When was the last time you communicated with your former partner? Can you describe what happened.
- 14) Can you share who you turn to for emotional support throughout this process?
- 15) Please share anything else that may be helpful to know about your situation that has not been addressed through these questions?