LICENSURE/CERTIFICATIONS

Licensed Marriage and Family Therapist (Oregon – License # T0693)

Trained Family Mediator

Certified Coaching Counselor

**PROFESSIONAL EXPERIENCE**

**Private Practice**

**Child Development Specialist**

**2007 - Present**

Assessing, evaluating, and providing feedback to parents on their child’s current developmental stage, personality, temperament and role in the family system. Often this information is used in the process of divorce and/or separation on developmental appropriate plans and strategies unique to each child’s needs.

**Collaborative Mental Health Professional**

**2008 – Present**

As a Collaboratively trained professional, working with Collaborative attorneys, Financial Specialists and other Collaborative Mental Health Professionals on interdisciplinary teams, providing support for families going through a Collaborative Divorce. I have worked as a Child Specialist, Neutral Coach/Facilitator, or Divorce Coach, depending on the client’s needs.

**Parent Coordinator**

**2010 - Present**

Managing ongoing issues and concerns in high-conflict child custody and visitation cases. Meeting with all parties regularly, receiving questions and concerns on conduct, as well as making recommendations to the parties, and attorneys, if applicable, to ensure the child(ren)’s best interest and developmental needs are met.

**Parent & Divorce Coach**

**2012 - Present**

Working with a variety of individuals on short-term achievement goals. Coaching is often partnering with clients to identify high-level goals and help hold them accountable and on target for their desired outcomes.

**Child/Family/Couples Therapist**

**2007 – 2016**

Working with a variety of clients providing therapeutic services in specialties that include changes in familial structure i.e. divorce, co-parenting, blended families, separations; relationships and intimacy; and strategies to improve overall functioning. Developed and presented training to community-based social workers on Placing Foster Children with Reactive Attachment Disorder/Affect.

**Children’s Center**

**Child and Family Therapist**

**2006 - 2008**

Evaluated and assessed for 5-Axis mental health diagnoses for children/adolescents and their families. Attended agency and community meetings in order to provide pertinent feedback in regards to developmentally appropriate responses, interventions, and child specific adjustment. Taught weekly psycho-education groups to children and their families, both biological and foster, topics included ADHD, self-esteem, stress management, and social skills.

**Children’s Receiving Center**

**Child Development Specialist**

**2003 - 2006**

Observed and provided assessments on children specific to attachment, child interactions with caregivers, and adjustment to environmental changes. Collaborated with law enforcement, medical professionals, social workers and CASA to ensure appropriate placement. Assisted with comprehensive assessments. Managed the Multnomah County Child Welfare Hotline on weekends/holidays.

**The Christie School (Now Christie Cares)**

**Residential Treatment Counselor**

**2003 - 2005**

Created and maintained a safe environment for children suffering from abuse, neglect, and/or mental and emotional disorders. Participated and serviced in all programs including Assessment and Evaluation and Community-based Residential both secure and open facilities. Developed and facilitated groups including gender specific, life transition, grief and loss, and adjustment to environmental changes.

**ABC House – Linn Benton Victim Assessment Center**

**Child and Family Advocate (Internship)**

**2001**

Initial point of contact for children and their families with concerns of abuse. Assessed for psychological and cognitive functioning prior to interviews with law enforcement and medical professionals.

**PROFESSIONAL MEMBERSHIPS – PAST AND PRESENT**

* International Academy of Collaborative Professionals - Member
* Oregon Academy of Collaborative Professionals – Immediate Past President
* American Association of Marriage and Family Therapists – Past Member
* Kappa Omicron Nu – College Honor Society – Past Member (President 2002-2003)

EDUCATION

**Lewis & Clark College, Graduate School of Education and Counseling**

MA In Counseling Psychology - Degree Received: 2007

* Area of Concentration: Marriage and Family Therapy
* Specialization: Children in the Context of Families

**Oregon State University**

**B.S. In Psychology** – Degree received 2004

* Magna Cum Laude, Teacher’s Assistant, Research Participant

**B.S. in Human Development and Family Sciences** - Degree received 2004

* Magna Cum Laude, Area of Concentration: Children and Family Services

**TRAININGS/WORKSHOPS/PRESENTATIONS**

* **Presenter - Oregon State Bar Family Law Conference, 1-hour CLE, October 2018**
* *“Parental Alienation: Working with the Targeted Parent”*
* **Co-Trainer, Two Rivers Institute for Dispute Resolution, 5-hour CLE, August 2018**

*“Mastery Skills: Setting the Tone for Collaborative Problem-Solving”*

* **Co-Trainer, Two Rivers Institute for Dispute Resolution, 2 hour CLE, May 2018**

*“Ethics Café: Informed Consent in Collaborative Divorce”*

* **Co-Trainer Two Rivers Institute for Dispute Resolution, 5-hour CLE, April 2018**

*“Mastery Skills: Bringing the Client to the Collaborative Table”*

* **Co-Presenter, Two Rivers Institute for Dispute Resolution, 1 hour, March 2018**

*“Top Tips for Handling Challenging Questions from Prospective Collaborative Clients”*

* **Presenter – Collaborative Practice California Conference, 3-hour CLE, April 2017**

*“Tools and Toys: Effective Skills and Strategies for Working with Children and Families”*

* **Presenter –Peacemaking Trainers in Training – Chicago, Illinois, July 2016**

*“Teaching to Classrooms of 1,2,4 and 10”*

* **Presenter –Collaborative Practice California Conference, 1.5 hour CLE, April 2016**

*“A Voice, not a Choice: Working with Children of Divorce”*

* **Lead Mental Health Trainer - Vancouver, WA – Sept. 2015, Feb. 2016, Nov. 2016**

Two-day (14-hour CLE) *Collaborative Practice Basic Interdisciplinary Team Training*

* **Co-Presenter – Oregon Counseling Association Annual Conference - 2015**
* **Co-Presenter – IACP Educational and Networking Forum – Vancouver, BC – 2014**
* **Co-Presenter – Oregon Association of Collaborative Professionals - 2013**
* **Co-Presenter – Second Saturday Divorce Workshop – Monthly – 2009 – 2015**

**PUBLICATIONS**

* Chapter Author “Collaborative Child Specialists: Traditional and Expanded Roles” in Building A Successful Collaborative Law Practice, by Mosten and Cordover – Published by *American Bar Association* – Release Date: August 29. 2018
* Co-Author “Commentary on Interdisciplinary Team Work in Family Law” Published in the July 2018 Issue of the *Family Court Review*